



GOVERNEMENT

Liberté
Égalité
Fraternité

Power cuts, gas cuts,
impassable roads...

how to prepare your 72-hour emergency kit

When a major flood occurs, **the first 72 hours are often the most difficult**. A 72-hour kit, prepared in advance, will allow you to stay at home and wait for help.

What is included in a 72-hour kit?



Non-perishable food that does not require cooking and basic utensils
(multi-purpose knife, can opener, etc.)



Plenty of drinking water
(6 litres per person)



Medications



First-aid kit



Warm clothing and a survival blanket



Battery-powered radio and torch
(with spare battery)



Cash
(cash machines might be out of order)



Photocopies of important documents in a waterproof plastic sleeve (proof of identity, prescriptions, etc.)



An extra set of keys
for your car and house



A charger
for your mobile phone



Prescription glasses
(extra pair)



Games
to keep you occupied

Keep your kit somewhere it can be easily accessed!

Once a year, you should check the contents of the kit, especially expiry dates of medication and food items. Replace any batteries. **Don't forget to replenish it if you use it.**

Chaque geste compte
AYONS LES BONS RÉFLEXES

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